



Commodore's Report—Barry Ellingson

This year has sure moved along fast. It is hard to believe there are only two more of these to write after this one. There are still a couple of important events left I will be involved in. The first is the Commodores Ball on November 4th where I hear I may get roasted. Rumor has it there is a long line of people willing to help do it. Is this what they call a mutiny? I sure hope to see you there. The Commodores Ball has always been a fun event and gives the ladies a nice reason to dress up and have fun with their sweeties. See you there!

December 20th is the date set for our Awards Dinner. The Commodores Award and Boating Family of the Year Award will be presented that evening and I will recognize all of those individuals who contributed throughout 2006 to make our yacht club events so successful. This time of the year the Club is decorated with holiday spirit, add in a catered dinner, great people, and you have the receipt for a terrific time. Make it a 'must do' during your holiday season. Tickets will go on sale at the October meeting.

Enclosed you will find a cruise ques-

tionnaire. Please fill it out to help make 2007 one of our best. Your input will help select places people want to go and things we can improve on. **Chris Thomsen and Chris Kullmann** will work in advance of the planning meeting and get information on places people say they would like to go. For our new members please give you're input as well even if you haven't had a chance to attend a cruise yet.

I want again to welcome all our new members to the PSYC family. We look forward to getting to know each of you better. New members are the future of the club. I encourage you to call me, any bridge member or **Judy Quick**, our Membership Chair with questions.

Safe Boating

October Calendar

- 10/6-8 Wine Tour
- 10/11 PSYC Board
- 10/15 Rental
- 10/18 PSYC General Mtg
- 10/20-22 Poulsbo Pool
- 10/21 Rental
- 10/28 Rental
- 11/4 Commodore's Ball



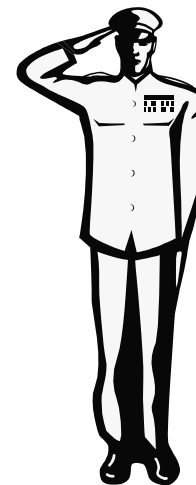
PUGET SOUND YACHT CLUB

Phone: 206-634-3733
 Web Site: www.pugetsoundyc.org

Commodore: Barry Ellingson 360-651-2838
 Vice Commodore: Mike Haistings 425-489-9851
 Rear Commodore: Gary Sheneman 425-489-9851
 Fleet Captain: Chris Thomsen 206-605-3457
 Secretary: Kathy Ornelas 425-825-3777
 Treasurer: Doug Switzer 425-391-2184
 Dockmaster(s): Bill & Susan Dils 206-605-3457

Facilities Manager: Mike Haistings 425-489-9851
 Membership Chair: Susan Dils 206-605-3457
 Sunshine Reporter: Penny Braden 425-822-5912
 Galley Chair: Marilyn Sullivan/Linda Barrett 425-486-4789
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jbarrett@pugetsoundyc.org

Sound Waves Editors: Dick Paine 206.854.8199
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Vice Commodore's Report - Mike Haistings

Hello PSYC members.

September has been a busy month, starting with the fall work party on September 9th. Unfortunately the turn out at the work party was a bit light; fortunately we had 9 hard working/dedicated members that came ready & willing to put in a hard days work. The focus was primarily on preparing the outside of the club for the painting & gutter projects along with some small fall gardening work. The bamboo along the back of the club was once again removed and all miscellaneous items were moved away from the building. We took the opportunity to fix or replaced loose boards, remove and replaced the rotten 2x12 board on the back deck where the railing pickets attach to. And like all "small" projects, while we had the 2x12 off we notice that three 2x12's that support the deck had rotted as well so we added three new ones. New window trim was put in place around the upstairs windows that didn't have any and other trim was replaced as appropriate. And finally I was able to locate some new shingles that mach the broken shingles on the upstairs portion of the club, and the bad ones were replaced.

The painter started on Monday September 11th with pressure washing the building, then fixing all the cracks and caulking around the windows and doors. This time of year the weather does not always cooperate and we had to put off painting until it dried out again. The last few weeks have been nice however we are still a bit behind on the painting project, but we are hopeful to have this finished up soon if the weather holds. The gutters have been replaced I'm just waiting for the down spouts to be installed. All in all your club should be in good shape for the upcoming winter. I presented the board with a sample electrical dock station at the September Board meeting and the board approved it as a replacement for our aging stations. I'm working on getting some bids for installing the replacement stations and I should have more information and a schedule for the project next month. That should be it, enjoy the beautiful fall cruising weather.

Come see the new clubhouse paint. Great job so far.



Rear Commodore's Report—Gary Sheneman

I hope everyone is enjoying the beginning of fall season – it's been a fantastic time with the return of winning football at the UW. I learned the five rules of western dance this past weekend but honestly the only two I remember are when you're on the dance floor the man is in charge (something new for a lot of us guys) and above all - it's important to have fun. I think everyone did their best to have a great time at our Western Dance and many thanks go out to **Linda & Jim Barrett, Pat & Buff Hansen and Ray & Dana** for being fantastic hosts. It was a truly enjoyable evening and something I hope can become a regular part of our social calendar.

We now turn our attention to wine country and our trip to Eastern Washington to enjoy great company, food and wine. Once again, **Judy** has scheduled an action packed weekend with a great variety of wineries and relaxation to meet anyone's interest. We're looking forward to strengthening our friendship with the folks from Richland Yacht Club by taking some time out to enjoy their hospitality. We'll also renew some

connections with some of our favorite wineries. I'm sure they'll be plenty of wonderful stories to tell to hold us over until next year.

We'll also be renewing some of our competitive spirit as we return to the Whirly Ball courts in November. Once again PSYC will temporarily shake off our fall slumber to participate in a rousing tournament of Whirly ball - which is often described as a combination of Basketball, Hockey and Jai-Alai played while riding an electrically powered machine, similar to a bumper car, called a WhirlyBug. What could be more fun!

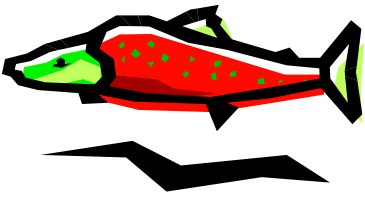
We'll end our year with one of our most popular events the Seafair Special Peoples Cruise in December. Once again **Gary Gebhart** and I will be your cruise captains, but an event such as this can not be successful without everyone's participation. It's a wonderful event and is a great part of the PSYC holiday tradition so plan on joining the fun.



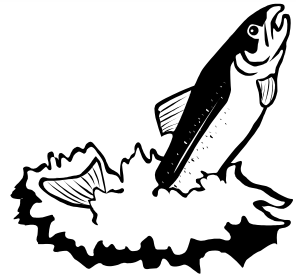
Fleet Captain's Report - Chris Thomsen

Poulsbo Pool Tournament (see flyer)

Special Peoples' Cruise



The 2006 PSYC fishing Derby Report



Well another one is in the history books. When finished, we managed to end this great event without a single salmon being caught. Not even the lucky "Here Fishy, Fishy" shirt of Vicki Orr could hold up for another season. Although, having broken a rod, they did win the drawing for the second prize, which was a fishing pole; go figure! It seems as though a good time was had by all. The weather even seemed to cooperate though there were doubts early on Saturday. I must say that Dana and Marcia did a wonderful job in planning the food. We wish to thank everyone one that helped with this as well. Doug and Annette Switzer were very instrumental in helping with the preparation and allowing us to use their facilities on board their boat. Thanks to John and Vicki for bringing everything we managed to forget. And let's not forget the Larry & Barry show for cooking the steaks for dinner. This goes to show that Dana and I picked the right club to join. Thanks again to every one that helped us.



2006 SEAFAIR Special People's Holiday Cruise



PSYC will be participating once again in this holiday tradition. This is a wonderful way to kick-off the holiday season and demonstrate the community spirit of PSYC. There are many ways you can get involved including assisting guests, volunteering your boat and join the parade or serve up a warm holiday meal.

This event is typically the first week of December and as more details are available through Seafair and Seattle Yacht Club they will be passed along. In the meantime...

Individuals interested in volunteering their vessel, helping guests, manage the dock, or prepare and serve dinner can sign up by contacting Gary Sheneman or Gary Gebhart

PSVC Cruise Questionnaire

NAME _____ (optional)

Number of cruises attended _____

Which one did you like the best _____

If you did not attend a cruise why not _____

What did you like best about your cruise _____

What can we do to improve our cruises _____

Where would you like to see a cruise to in 07 (as many places as you want)

Would you be willing to help on a cruise in 07? YES ___ NO ___ MAYBE ___

Other input you would like to add _____

SEND TO: **CRUISE QUESTIONNAIRE**
 PUGET SOUND YACHT CLUB
 2321 NORTHLAKE WAY
 SEATTLE, WA 98103

[Or bring it to meeting to next meeting](#)

THANKS FOR YOUR INPUT—PSYC BRIDGE

Puget Sound Yacht Club
Ballot for the 2007 Bridge and Board

If you cannot make the October meeting and wish to cast your ballot, you may do so by absentee ballot. Fill out the form below and mail it to:

PSYC (Attn. Ballot)
2321 North Northlake Way
Seattle, WA 98103

Please put your NAME and RETURN ADDRESS on the envelope so you can be marked off as a voting Member

All Ballots are secret. Absentee ballots are added to the ballots at the meeting and counted

Commodore

Mike Haistings

Vote for one

Write-in _____

Vice Commodore

Gary Sheneman

Vote for one

Write-in _____

Rear Commodore

Kevin Haistings

Vote for one

Write-in _____

Fleet Captain

Chris Kullmann

Vote for one

Write-in _____

Secretary

Paula Spina

Vote for one

Write-in _____

Trustees

Vote for Four Trustees

Dan Gray

Write-in _____

Jerry Zitkovich

Write-in _____

Les Alluisi

Write-in _____

Linda Barrett

Write-in _____

Marcia Ellingson

Write-in _____

Ray Underwood

Write-in _____

Great Story About One of Our Own

9/11: FIVE YEARS LATER

ALTERED LIVES

Tragedy forged a new path for many of us

Five years is a long time, and not so long at all. It's long enough for a generation of babies born post-9/11 to be in their first days of kindergarten. Long enough for a generation to come of age and go to war.

It's not long enough to see a memorial rise where 2,749 fell. Nor long enough to erase the furtive glances skyward when a plane casts a shadow on your city.

But five years is time enough to change each of our lives in ways both visible and unseen, felt and imagined, subtle and profound.

The changes are there in the shoes we decide not to wear to the airport because they're too clumsy to remove, the way we think twice before we enter a word in Google, in the votes we cast.

They're there in reshuffled priorities and regained perspective, grievances let go, relationships forged.

For the individuals portrayed here, the cataclysm of 9/11 was the catalyst they never expected. A systems analyst turned to disaster relief; a student enlisted in the Army; a Muslim couple became ad-hoc ambassadors for their faith.

Still others became unwitting documentarians of a grim piece of history.

A few now question that history.

Here are some of their stories. For the rest, look within.

Something happened that day — to each of us.

— Carol Smith



Five years ago, Rodney Jong, 58, was a Boeing systems analyst who was setting up a new family and marriage counseling practice. "I'd been thinking about joining the Red Cross for a while," Jong said. "But I'd been putting it off. Then 9/11 happened, and I felt it was urgent." He signed up immediately, asking to be sent to New York City.

Rodney Jong, counselor

It was time to follow a dream to help

For Rodney Jong, the calling came on 9/11.

A Boeing systems analyst by day, Jong was busy setting up a new family and marriage counseling practice on the side when the two planes plunged America into a new era.

"I'd been thinking about joining the Red Cross for a while," Jong said. "But I'd been putting it off. Then 9/11 happened, and I felt it was urgent."

Jong, 58, who lives in Redmond, was originally from Long Island, and the terrorist act struck close to his heart.

"Thirty years ago, my aunt and uncle had taken me to brunch at Windows on the World," the restaurant atop the World Trade Center. "It was very poignant for me to realize it was gone."



Jong

Jong, a licensed counselor, signed up immediately with the Red Cross, asking to be sent to New York City to work with those traumatized by the events. He wound up at the organization's national call center near Washington, D.C., for two weeks, starting that December.

Even months later, the trauma of those touched by the tragedy was palpable, he said. Some people just wanted to talk. Others were looking for psychiatric help. There were those who couldn't sleep without hearing bodies crashing down around them.

The events of 9/11 may have catalyzed Jong's call to action, but that first Red Cross experience sealed his commitment.

"I realized I wanted to continue to do this kind of thing — to be available," he said. Three years ago, he retired from Boeing.

Jong, who still has his counseling practice, is now chairman of the disaster mental health committee for the Red Cross. Since 9/11 he has responded to disasters as near and individual as house fires in Seattle, and those that sweep through many lives, such as hurricanes. He went to Florida in 2004 after Hurricane Charlie rampaged through that state, and last year he helped relocate some of the Katrina survivors who arrived in Seattle.

"You hope every disaster is the last one, but there always is something else," he said.

His impression after each one? "There's always a feeling you haven't done enough."

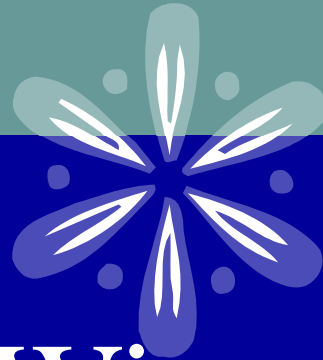
But after 9/11, he realized that what matters is that you try.

"The thing that carries you forward," he said, "is that help is always needed."

— Carol Smith

Contact person: Judy Quick

Date: October 6th-8th



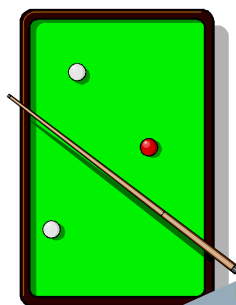
PSYC Wine Tour

Join us for a 3 day Eastern Washington wine tour. We'll start in Yakima and wind our way through the Richland countryside enjoying good company, great food and fantastic wine. Don't miss an evening with Richland Yacht Club or dinner at the all popular Bella Italia. The weekend promises to be action packed!

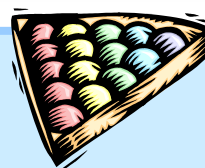
Reservations: Contact Red Lion Richland (509-946-7611) and tell them you're with PSYC

The fun starts Oct. 6th, at 11:00am when we arrive down-





PSYC'S ANNUAL POOL & DART TOURNAMENT



COME JOIN-IN FOR THE FUN AT POULSBO!

Socializing—Shopping—Restaurants are readily available

“On the Water” Geography Quiz

Friday 20th Grab your moorage, gather at the dock, socialize and/or look about the town



Sat 21st Breakfast
Tournament from 1P—3P (Snacks provided)



MOORAGE RESERVATIONS— There will be sign-ups for moorage at the September 20th general meeting. There is a \$10 non-refundable charge per boat; payable in advance. Please make checks payable to PSYC for the \$10 fee. If you cannot make the meeting please contact Jerry Zitkovich or mail a check to him (10919—39th S.W.



CRUISE CAPTAINS

Jerry & Colleen Zitkovich 206.439.9430 zitkovish@msn.com
Kevin & Joyce Carlson 206.783.0805 joysea@comcast.net

2006 PSYC Commodore's Ball

Anthony's Home Port at Shilshole

Honoring Commodore Barry Ellingson
and First Mate Marcia

Saturday November 4th 2006

Cost - \$60.00 per person

Payment and Dinner Choice Must be received before October
22, 2006

Send to: Pat Hansen
2321 N. Northlake Way
Seattle, WA 98103

Names: _____

Dinner Choice: Wild King Salmon _____

Filet Mignon _____

Vegetarian _____

Payment Enclosed: \$ _____

Its time again for some...

Whirly Ball



PSYC will take to the Whirly Ball Court on the afternoon of November 19th to support your holiday fitness program.

Family and friends are welcome to join us as we'll divide into teams and hold the 2nd annual PSYC Whirly Ball Championships.

Contact Gary Sheneman if you plan to attend or have any questions.

October 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Klein - Rental	3	4	5	6 Wine Tour Birthday—Steve Cook	7 Wine Tour
8 Wine Tour	9	10 Birthday—Peggy Duehning	11 PSYC Board	12 Thursday Lunch Bunch Astrological Assoc Birthday—Joe Ornelas	13 Birthday—Jim Barrett	14
15 Rental	16 Birthday—Ralph Lower	17 Birthday—Eileen Edel	18 PSYC General Meeting	19 WSOTC	20 Poulsbo Pool Tournament Birthday—Lorraine Brooks	21 Poulsbo Pool Tournament Rental
22 Poulsbo Pool Tournament	23 Birthday—Jack Excell	24	25 Andrews Bay Birthday—Jackie Thomsen Birthday—Rick Edel	26 Birthday—Fran Grossman	27	28 Water's Edge Party
29 Birthday—Bob Josephson	30 Birthday—Beth Alberti	31 Birthday—Jon Burns				

November 2006

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Birthday—Pat Costello	2 Birthday—Joanne Knutson	3 Birthday—John Grand Birthday—Brian Barrett	4 Comodore's Ball
5 Birthday—Patrick Baker	6	7 Birthday—Bob Kirk Birthday—Linda Balsiger	8 Comodore's Ball	9 Thursday Lunch Bunch Astrological Assoc	10	11
12	13 Birthday—Al Hawks	14 Birthday—Gary Gebhart	15 PSYC General Meeting	16 WSOTC	17 Birthday—Brian Boyd	18
19	20	21 Birthday—Barbara Kerns	22 Birthday—Judy Quick	23 Thanksgiving	24	25 Birthday—Susie Barrett
26	27	28 Birthday—Cindy Josephson	29	30		